
Career Exploration

SDUHSD
7th and 8th grade

Why think about your career now?

To learn more about **yourself!**

To learn more about your **interests** and how they relate to a job

To help think about **classes** to take in high school

To connect what you are doing in school to the **world of work!**

Watch this video [click here](#) (beginning to 3:11 sec)

Goals for Today's Career Exploration

CA California Career Zone

Sign up for an account

Take the **QUICK ASSESSMENT** and **INTEREST PROFILER**

Learn your Holland Code Type - What type of personality are you?

www.cacareerzone.org

Career Zone California

Explore Decide Grow Search

Welcome to California CareerZone

Register for an account with California CareerZone to customize your career exploration.

[Register Now!](#)

Not sure where to start? Select an option below, or:

[Take a Tour](#) [Visit the Educator's Corner](#)



Assess Yourself

Self-Assessments can help you know yourself better. And knowing yourself better can help you choose a satisfying job or occupational field to explore.

[Begin Assessment](#)



Explore Job Families

Starting your search by looking at broad sectors can help you find related occupations within an area that you might enjoy.

[Start Exploring](#)



Make Money Choices

After High School you will need to work to pay for housing, transportation, and clothes... Find out how much money you will need and which occupations will pay for all your needs.

[Get Started](#)

Sign In or Create an Account



With an account you can save your information and come back at any point. It only takes a minute, so sign up now.

[Sign In](#)

[Create an account](#)

1 Basic Info

2 Tell us a bit more about yourself

User Name*

LastNameFirstInitialLast4digitsofID

Password*

Permanent ID number

Confirm Password *

Permanent ID number

Which describes you best?*

Please choose one



[Sign In](#)

[Create an account](#)

1 Basic Info

2 Tell us a bit more about yourself

First Name

Last Name

E-mail

LEAVE BLANK

School

LEAVE BLANK

Graduation Year

LEAVE BLANK

Allow e-mail notifications

UNCHECK THIS BOX

Send e-mail notifications when messages received

[Back](#)

[Register](#)



[Explore](#)

[Decide](#)

[Grow](#)

Search



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Choose one of the following three assessments to learn more about yourself.

Quick Assessment

Explore jobs that best match your personality. Are you realistic, investigative, artistic, social, enterprising, or conventional? Find out with this quick assessment.



Interest Profiler

Discover what your interests are, and how they relate to the world of work. The Interest Profiler helps you decide what kinds of occupations and jobs you might want to explore based on your interests.

Skills Profiler

What skills have you acquired through your jobs and other activities? The Skills Profiler can help you explore occupations that require your skillset.

Work Importance Profiler

What's important to you in a job? Discover how much you value achievement, independence, recognition, relationships, support, and working conditions in a job. Get a list of jobs that reflect your values.

Quick Assessment



Assess Yourself

Use your mouse to hover over the interest areas on the left. A description of each area will appear here. When you have read each area, select the three that you feel best describe your interests. Click on each of the interest areas below and read each of the descriptions that appear. When you have read each area, select the three that you feel best describe your interests.

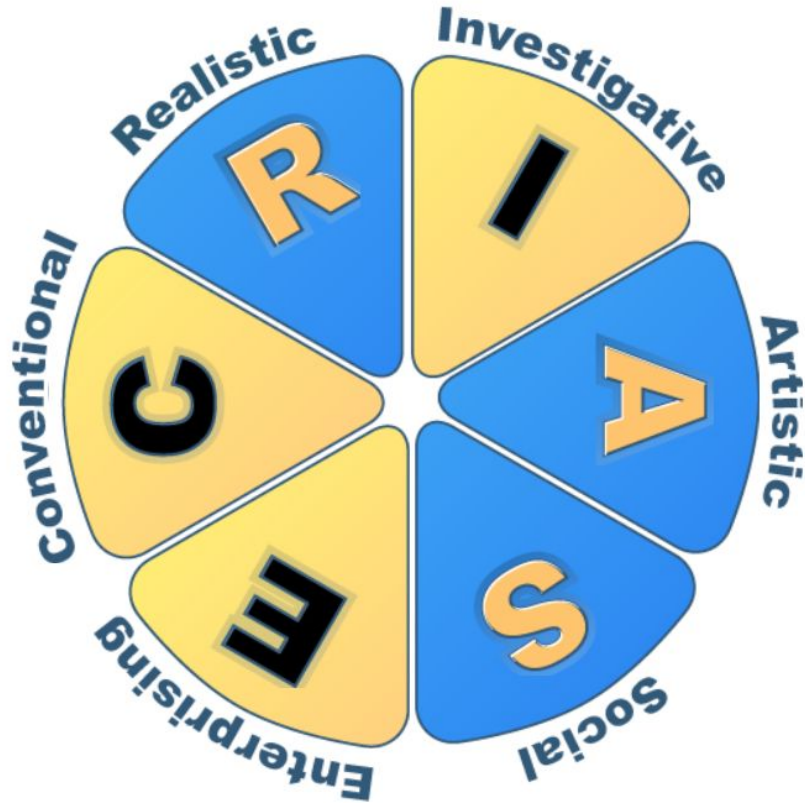
You Chose

1. ▾

2. ▾

3. ▾

Quick Assessment



Investigative

Investigative occupations frequently involve working with ideas, and require an extensive amount of thinking. These occupations can involve searching for facts and figuring out problems mentally.

You Chose

1. 2. 3.

Conventional is the final part of your theme code. Jobs selected for you will reflect **Enterprising** interests in **Investigative** environments with



[View Results](#)

Quick Assessment: Investigative, Conventional, and Enterprising (ICE)

You can compare up to four occupations by selecting the boxes to the left of the desired occupations and then clicking on the Compare Selected button at the bottom of the page. You can also filter occupation lists by Job Zone (preparation required), salary, and more to help you refine your search.

Job Zone is between 1 & 5

Salary is between \$10,000 & \$160,000

Has Video

In Job Family

Any Job Family ▾

STEM

Filter

Quick Assessment: Investigative, Conventional, and Enterprising (ICE)

12 results found

	Title	Video	Job Zone	Rating
<input type="checkbox"/>	Biostatisticians		5	
<input type="checkbox"/>	Computer Network Architects		4	
<input type="checkbox"/>	Computer Programmers		4	
<input type="checkbox"/>	Database Architects		4	

CLICK ON A JOB TITLE



Industrial Engineers



This occupation is part of the **Architecture and Engineering** cluster

Your Rating



Compatibility

not enough data

[why?](#)

- Create a Budget
- Create a Plan
- Find Training
- Find Job Openings

About the Job

Design, develop, test, and evaluate integrated systems for managing industrial production processes, including human work factors, quality control, inventory control, logistics and material flow, cost analysis, and production coordination.

It is also Called

Vendor Quality Supervisor	Time Study Engineer
Traffic Rate Analyst	Test Inspection Engineer
Tool Planner	Supply Chain Engineer
Tool Engineer	Supply Chain Analyst
Tool Design Engineer	Supplier Quality Engineer (SQE)

[show all](#)

What They Do

Schedule deliveries based on production forecasts, material substitutions, storage and handling facilities, and maintenance requirements.

Implement methods and procedures for disposition of discrepant material and defective or damaged parts, and assess cost and

Explore

Decide

Grow

Search



Learn about yourself, the employment options available to you and the training that will prepare you for them.

Assess Yourself

Quick Assessment

Interest Profiler

Work Importance Profiler

Skills Profiler

Fields of Study

Type of Field

Occupations

Job Families

Video Library

All Occupations

Colleges and Training

Colleges in Your Area

Find Training



0:00 / 1:09



Preparation Required

Most of these occupations require a four-year bachelor's degree, but some do not.



Wages

In 2016, the average annual wage in



Welcome to the Interest Profiler

Discover what your interests are and how they relate to the world of work. The Interest Profiler helps you decide what kinds of occupations and jobs you might want to explore based on your interests.

Select an option below to begin:

Start a new Interest Profiler:

Go

Resume Interest Profiler:

Go

View Results:

Go

Have you taken the Interest Profiler in the past? If you know your score for each of the 6 interest categories you can enter them directly.

Enter Score

Go

To take this assessment in another language, [visit our alternate languages page](#). There you will find a printable PDF version of the instrument is available in Spanish, Vietnamese and Chinese.

Please Note

You can choose one of two versions of the Interest Profiler

- The **Mini** version contains 30 questions, and is recommended for use when time is limited.
- The **Short** version is a more comprehensive 60 questions, and is recommended when time is not a factor.

Which do you want to use?

30 Question - Mini

60 Question - Short

[If you are looking to take the 180 question version, click here](#)

Go



Welcome to the Interest Profiler

The Interest Profiler has 30 questions about work activities that some people do on their jobs.

Read each question carefully and decide how you would feel about doing each type of work:

- 🤢 = Strongly Dislike
- 😞 = Dislike
- 😐 = Unsure
- 😊 = Like
- 😄 = Strongly Like

At any point during the Profiler you can change your answer to a question. Simply use your mouse to move to the question where you want to change your answer. Then select your new answer.



Next

Welcome to the Interest Profiler

Select the option that best reflects how you would feel about performing the activity below.

Question 1 of 30



1. Build kitchen cabinets

Next



Welcome to the Interest Profiler

Select the option that best reflects how you would feel about performing the activity below.

Question 30 of 30



30. Keep inventory records

[Previous](#)[Summarize](#)



Interest Profiler :: Summary

The scores below are a summary of your interests; they represent how much you enjoy each type of activity. The three highest scoring areas form an interest profile that can be used to explore occupations. These results should be considered a guide for your career exploration, not a definitive statement of which occupations you should or should not pursue. The results do not mean that you will be good at a particular occupation, only whether you might enjoy the type of activities required by that occupation.

Your top three interest areas in order of importance are:

- Social 17
- Artistic 16
- Investigative 13

Your other interest areas in order of importance are:

- Enterprising 12
- Conventional 7
- Realistic 4

If you haven't logged in, you can write down each interest area and its corresponding score to the right. When you return to the Interest Profiler, you can choose "Enter your score" where you can type in the score for each interest and go directly to the list of matching occupations. If you are logged in your Interest Profiler has been saved to your portfolio and you can return to review your results at any time.

[View Occupations](#)

Interest Profiler :: Results

Your interest profile returned the following occupations. Occupations in **this color** represent stronger matches. You can compare up to four occupations by selecting the boxes to the left of the desired occupations and then clicking on the Compare Selected button at the bottom of the page. You can also filter occupation lists by Job Zone (preparation required), salary, and more to help you refine your search.

Job Zone is between 1 & 5

Salary is between \$10,000 & \$160,000

Has Video

In Job Family

STEM

Interest Profiler :: Results

18 results found

Title	Video	Job Zone	Rating	Score
<input checked="" type="checkbox"/> Foreign Language and Literature Teachers, Postsecondary				0.93
<input checked="" type="checkbox"/> English Language and Literature Teachers, Postsecondary				0.88
<input checked="" type="checkbox"/> Political Science Teachers, Postsecondary				0.85

You have selected **three** items to compare, you can select **one** more.



Reports

Show

- Interest Profiler
- Occupation Matches
- Budgets
- Work Importance Profiler
- Flagged Items
- Number of occupations to show**
50 ▾
- Skills Profiler
- Plans

Record your progress each time you visit the site and review your previous work.

Personal Reports

- [Portfolio Summary Report](#)
- [Exploration by Cluster Report](#)

Job Tools

- [Resume Builder](#)
- [Letter Builder](#)
- [Reference List Builder](#)

Documentation

- [Journals](#)
- [Bookmarks and Ratings](#)
- [Planning](#)
- [My Classes](#)

Budget

- [Make Money Choices](#)

Assessment Summaries

Below are the results of the assessments you have completed.

Interest Profiler

Your top scores were

- Social 17
- Artistic 16
- Investigative 13

The rest of your scores were

- Enterprising 12

Skills Profiler

You have not completed the Skills Profiler